

Welcome Back, Amazing Teachers!

We're so glad you're here — classrooms truly shine brighter because of YOU! To kick off the year, enjoy this little "Teacher Survival Kit" — packed with essentials for both big wins and tough days.

Inside you'll find...

Snacks - Because brainpower runs on more than lesson plans

Coffee/Tea/Crystal Light - Your liquid superpower

Post-its - For brilliant ideas (and reminders about where you left your coffee)

Pain Reliever - For when "indoor recess" happens

Mints/Gum/Mouthwash - Perfect for surprise parent conferences

Tide Stick - Because dry erase markers don't always stay on the board

Kleenex - For sniffles, giggles, and everything in between

Dry Erase Markers - The Excalibur of teaching tools

Here's to laughter, learning, and a year filled with moments that remind you why you started teaching in the first place.

You've got this — and we've got your back!

With Gratitude.

Iowa Society Daughters of the American Revolution

The Iowa Society Daughters of the American Revolution hopes you enjoy this welcome back kit.

Please contact your area Chapter listed below if you would like more information or visit our website

<https://www.isdar.org/>

DAR is a non-profit, non-political volunteer women's service organization that was founded in 1890 and headquartered in Washington, D.C., DAR is dedicated to promoting patriotism, preserving American history, and securing America's future through better education for children.

We would like to highlight there are two committees that have resources to support students and teachers. The **Community Classroom Committee** seeks to encourage our members to support teachers and students in the classroom. We can provide meaningful lesson plans full of historical facts that promote our nation's history.

The **American History Committee** has 2 different contests for students. There are essay and video contests for students in 5th-8th grades and for 9th-12th grades. Posters are attached for both opportunities.